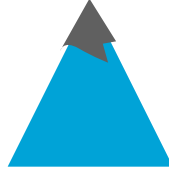


FITNESS CHALLENGE

ATHLETE'S NAME:
GRADE LEVEL:

AGE:
ATHLETE'S CODENAME:

TEST



SIT & REACH

SIT UP TEST

VERTICAL JUMP

SHUTTLE RUN

ATHLETE'S SIGNATURE

SUPERVISOR'S SIGNATURE